



Treatments Price List

TREATMENTS			
HOLISTIC FACIAL TREATMENTS			
The hands-on touch for the ultimate in client comfort and care			
Aromatherapy - A relaxing aromatherapy facial			
Relax and unwind with a tension-reducing massage and a customised combination of plant extracts and essential oils to suit your skin's needs. This utterly relaxing aromatherapy facial balances the skin, softens fine lines, restores radiance, lifts your senses and instils an overall feeling of well-being.	1 hour	£46.00	
Beauté Neuve double peeling Facial - An instant radiance receiver			
Beauté Neuve is a gentle double - peeling facial containing pure vitamin C and anti-ageing ingredients to boost radiance, reduce pigmentation, as well as re-hydrate and regenerate the skin. Guinot recommends a course of three treatments, taken over consecutive weeks.	1 hour	£46.00	
Liftosome Facial - Energising hands-on anti ageing facial			
The Liftosome facial has been specifically developed to treat the problems associated with mature skins. Based on pro-collagen, this stimulating thermal facial regenerates and energises, leaving skin firmed and radiant. Guinot recommends a course of three treatments over three consecutive weeks.	1 hour	£54.00	
<i>Each Guinot facial treatment includes a complimentary Guinot for Life skincare consultation</i>			
HYDRADERMIE² FACIAL TREATMENTS			
Hydradermie² - The Star Treatment (previously Hydradermie)			
A exclusive, customised treatment using Galvanic and High Frequency. Double Ionisation penetrates the active ingredients deep into the skin for optimal results. Customised for each skin type with Rehydrating, Regenerating and Deep Cleansing effects.	1 hour 15 mins	£56.00	
Hydradermie² Age Logic - The Anti-Ageing Star Treatment (previously Hydraplus)			
Specially designed anti-ageing Hydradermie ² facial concentrating on the eyes, face and neck. It includes cleansing, exfoliating, galvanic, high frequency massage and mask.	1 hour 30 mins	£71.00	
Hydradermie² Tres Homme - The ultimate facial for men			
This high -tech facial uses Galvanic and High Frequency and bespoke active serum gels to deep-cleanse, oxygenate and condition the skin. A stimulating scalp massage is also included.	1 hour 15 mins	£51.00	
HYDRADERMIE² LIFT TREATMENTS			
A non- surgical lifting treatment using a stimulating current to give the facial muscles a workout. This specialised anti-ageing treatment gives immediate and long-lasting visible results that improve the skin's appearance. Designed for skin that shows a loss of elasticity, it treats both the skin and delicate facial muscles for an immediate 'lift' and overall boost in radiance.			
We offer 4 version of the Hydradermie ² Lift -			
Express - High tech lifting treatment			
Ideal for clients who want a quick treatment. It includes cleansing, exfoliating, lymphatic draining and muscle stimulation.	30 mins	£47.00	
<i>(Course of 6 (2 per week): £235.00 (pay for 5 - get one free)</i>			
1 Hour Lift			
Includes a regenerating massage and mask	55 mins	£60.00	
Hydradermic² Lift Yeux			
This version of the treatment specifically targets the area around the eyes to reduce signs of ageing, fatigue and puffiness.	30 mins	£47.00	
<i>(Course of 6 (2 per week): £235.00 (pay for 5 - get one free)</i>			
Hydradermic² Lift Deluxe - The ultimate anti-ageing facial			
Hydradermic ² Age Logic and Lift Express	1 hour 45 mins	£105.00	
HOLISTIC BODY TREATMENTS - Well-being and vitality for body and mind			
AROMATIC BODY DOUCEUR			
A complete body exfoliation with a sugar kiwi scrub followed by an energising massage with citrus essential oils. Pure relaxation to leave skin soft and smooth and the body de-stressed. Ideal during pregnancy.	1 hour 30 mins	£60.00	
AROMATIC BODY POLISH			
A complete body exfoliation treatment to eliminate dry, flaky skin and refine the skin's texture. Exfoliation is followed by a body moisturiser to nourish and firm the skin.	45 mins	£35.00	
AROMATIC BODY SOLAIRE - For a glowing instant tan			
This moisturising self-tanning treatment gives a long-lasting evenly bronzed colour. The treatment includes exfoliation to perfectly prep skin. A safe and effective way to tan quickly without the sun or maintain a post-holiday glow!	1 hour	£50.00	
AROMATIC BODY MINCEUR			
This contouring body treatment uses an anti-cellulite sculpting massage with detoxifying essential oils and a clay mask to drain toxins and firm the skin. Guinot recommends a course of three treatments over three consecutive weeks.	1 hour 30 mins	£60.00	
AROMATIC BODY SPA			
Combine either the Aromatic Body Douceur or the Body Minceur with the Aromatic facial for a complete face and body Spa experience.	2 hours 30 mins	£100.00	
OTHER HOLISTIC TREATMENTS			
MASSAGE - Using pre-blended essential oils			
Back	25 mins	£35.00	
Body	55 mins	£48.00	
Face and Body	1 hour	£50.00	
Back Massage for Men <small>Strictly by recommendation only</small>	25 mins	£35.00	
REFLEXOLOGY			
Reflexology involves stimulation of the reflex points on the feet that correspond to specific organs and systems in the body. In turn, this:			
- induces deep relaxation			
- brings relief to acute and chronic conditions			
- revitalises energy			
- cleanses the body of toxins and impurities	45 mins	£41.00	
<i>Initial consultation 1 hour 15 minutes (no extra charge)</i>			
INDIAN HEAD MASSAGE			
An ancient treatment involving massage to relieve tension in the upper back, shoulders, neck, scalp and face using essential oils. Good for relieving stress, tension, fatigue, insomnia, headaches, migraine and sinusitis. Also very relaxing!	45 mins	£41.00	
REIKI			
<i>Reiki is the name given to a system of natural healing using Universal Life Energy.</i>			
Reiki heals at any level of being: physical, mental, emotional or spiratual. Acute injuries are helped to heal very quickly but more chronic illness takes longer. Reiki flows to the areas of need, shooting pain and supporting the body's natural ability to heal itself. Reiki restores balance in one's life.	45 mins	£41.00	
<i>Initial consultation 1 hour 15 minutes (no extra charge)</i>			